



Dinshah Health Society – Colour Lightwave Institute Unsolicited Testimonies

More people should know about the gentle, miraculous and completely affordable healing of light for many ailments and disorders. The book by Darius Dinshah "Let There Be Light" lays it out simply and the materials needed are readily available. I have lights set up in the bedroom at all times to maintain health and take care of anything that may arise in my family. I wouldn't be without them! Dinshah Ghadiali was a brave, steadfast, visionary genius whose methodology was impeccable. May the gifts he left for humanity one day light the way to truth for all.

Hi, I will like to share my experience with lung cancer. I started tonate myself since the first symptoms, two times a day basically green and indigo, also orange, and violet to rest after some days, and continue like this 9 or ten months. I changed of course my diet, change lifestyle, did complementary therapies also and now I am in complete remission, there is no evidence of the disease. I continue doing the color therapy with more space between tonations.

I had a total confidence in color therapy and had very good results in different conditions with patients.
My sincere regards, Jimena

Diane, are you asking which colors would help make your body stronger, to withstand, or which would help recover from, EMF exposure?

Unfortunately we live this every day for the last two years as my sweetie has become extremely electrically sensitive. The spectrochrome had been helpful for recovery from exposure but we have not hit upon any magic sequence. She has found nothing protects against exposure except avoidance and shielding. If you truly are EMF-prudent or EMF-sensitive, consider interacting with a Building Biologist for expert guidance. – Kenneth G

My daughter has Lyme disease. We have used light therapy in the past when she lost peripheral vision after a head injury. She used a blue/green light and it healed her eyes after 2 months. – MJ.

Personally, I [had] the best experience using the indigo in the first step. If you treat a skin burn once or twice with indigo, you can even keep this injury from developing a blister ... [I]f the blister does not fully form, it will hold and it will stay on the skin, even if it's thermally modified. It will stay as your own natural wound dressing for the first few days. This gives the deeper layers the time to regenerate and restore.

A powerful testament to the effectiveness of color therapy comes from Wunsch's own family, on his wife's side. A male relative was diagnosed with liver cirrhosis at the age of 50. The university clinic gave him six months to live, telling him to go home and get his affairs in order. Using Dinshah's method, he exceeded this grim forecast by a factor of 72.

"He traveled from Germany to Dinshah's place [in Malaga] and learned all about the diligent use of the Spectro-Chrome method from Dinshah. He took a set of filters home and started to treat himself as you would treat a chronic condition, with lemon and red. Red is the color that addresses the liver. He was able to add another 36 years to his life.

Personally, I believe chromotherapy is a safe and powerful alternative healing strategy that nearly anyone can add to their self-healing toolbox. For \$100 or so you can obtain all the information and supplies you need. Just like liposomal C, which I believe should be in every emergency kit to treat acute infections, a light with an indigo or violet filter is another must to radically accelerate burn healing." - Dr Joseph M.

If you were to get a sunburn, or accidentally burn yourself on the stove or hot instrument, how exactly would you treat it using colored light? Post-surgical wounds also benefit from indigo.

"The first one, two or three days, depending on the reddishness, on the heat in the tissue, you start with Indigo and [then] switch over to blue ... In the classical and original Spectro-Chrome method, you would treat for 30 to 60 minutes ...

[A] 10th of a millimeter under the skin surface [is] the capillary layer. All the colors of the rainbow reach the capillary layer. They reach the bloodstream. This is one of the direct actions. If you shine colored light onto the surface of the skin, it will automatically come in contact or it will automatically reach the bloodstream.

This is the reason why Dinshah recommended treatment duration of 30 to 60 minutes. He wanted to make sure that your whole blood comes in contact with the treatment color several times during the treatment session ... Personally, from my own experience, after five minutes of treatment of thermal skin burn, the pain turns into a kind of tickling discomfort.

When you remove the indigo light, after 10 minutes or so, this tickling discomfort disappears almost immediately. But as soon as you treat it again or tonate — tonation [means] the use of colored light — if you go on treating it and the tickle and discomfort reoccurs, there is still [more healing to be done] ...

In my experience, as long as the tickling and discomfort reappears under the influence of the indigo light, you should go on with the treatment. I had a third and fourth degree skin burn on my wrist. I treated this for more than two hours. I was able to prevent it from blistering. It healed up within two weeks or so. — Wunsch

"Let There Be Light" has multiple meanings. It is sad that here in the US this information on healing many illnesses through the colored light frequencies was nearly squashed and suppressed by the American Medical Association, while Europe has been using healing light techniques for the past 40+ years. Life on earth has evolved under the full spectrum of light from the sun over millions of years. Ancients knew this. Dinshah's book lists over 300 diseases that respond to light frequencies. This book is just one of 8-10 books that I have read about benefits of light frequencies that confirms this knowledge. Knowledge that some have tried so hard to squash. I am in awe in how our planet has been created with such a marvelous design for the benefit of all life on this beautiful blue marble...called Earth. It's your birthright to use the gifts of our home...Earth. Illumination is the key. — Sharon S.

Anyone who has ever looked into alternate forms of healing and wanted results will want to read this book. What a rare find, and a rare individual to have had the gifts he had. Thank goodness for his children and their desire to continue their father's work. — Yvonne B

Yet another `alternative` therapy ...but this one is based on clinical trials and real-life evidence. Brilliant interesting read with a whole raft of explanations as to the use of colours as therapies for healing. Big Pharma did their best to destroy (compare Rife, Kakhovsy et al) him and more or less succeeded. The book includes instructions as to how to make a basic colour projector that works. That`s my next project... — Raff

Bare bones information of a healing process that actually works. Looked down upon by the medical community, this school of thought is used in every hospital that has a neo-natal unit in the form of the blue lights used on babies with a Bilirubin condition. However the guy who manufactured machines for sale to individuals, threatening the status quo, was fined, jailed and hounded by the authorities.

This book is written by the son of the late Dr Dinshah and gives enough information to allow one to make their own device (less than \$100) and has instructions on how to use it.

Keep an open mind. Try it. You can be in charge of your own health without one of these devices, of course, but some conditions are more effectively treated with color than popular medicines. (burns, psoriasis, and a host of others). — Jack D.

After reading this book even though it was written in the 40's and 50's with updates since then, it seems that the science behind this amazing work by India's Tesla, Dinshah Ghadiali, will be a great addition to your library on health and healing. Using light as a means to heal has been hinted at for centuries, and now with lasers, has been proven. His work shows how Physicians were able to engage this technology to eradicate illness. – Health Advocate

I will put my hand to the Bible for what I'm about to tell: Light therapy works, absolutely! I have two cases for my evidence. Whenever I get the flu, I take the green light (supposedly the master color) and shine it under the covers on my liver while I sleep. (I use a flashlight rigged with a holder for the filter.) The liver is the organ charged with detoxifying all sorts of nasty things in your body, so it's a good place to start killing off virae. I've suffered the most heinous flus - chills, raging fever, joint aches - but they rarely stand up to the green light for more than two nights. My mother uses it for the frequent head colds that attack her. A couple of days and it destroys the bugs. And that's what I believe actually happens. Green's wavelength is anathema to the virus. The second case is quite dramatic. A woman I once worked with bled small amounts every day from her uterus for 3 years! I suggested the color indigo, shined on her waist at night. Within 4 days she stopped bleeding! It shocked even me. Dinshah Ghadiali was a genius. He's long gone, but his research lives on. – Eclectic W.

Wonderful information. The red light has helped my back pain and helped my dogs ACL. – Craig H.

This is an update to an earlier book I bought from them, but it is a worthy update which now includes suggested treatment for alzheimer's and dementia. This book suggests an unusual and unorthodox methodology for treating many illnesses that haven't worked with traditional medical treatment. It's worth trying, when all else has failed. – Joe C.

What a wonderful book. I knew nothing about spectro-Chrome therapy but recently became interested in the Sota Lightworks product for healing with colored light. The history described in this book was eye opening and a must read for alternative healing. Fascinating book. – Starr N.

I used this on my dogs with complete success. Fortunately they were both short haired. Going to try this on myself next. In the book there is a picture of a little girl with massive burns on her body. It shows an after picture with her completely healed with no scars. Back in those days, nothing could have healed her without scars. – Jean L.

One of the most important discoveries in healing was the use of colored light (frequencies) to balance the body's energies and induce healing. This discovery from Dinshah Ghadiali was suppressed for many years, but the information is now available in a handful of books. This book by his son Darius is clearly written as a pragmatic work explaining how to use the method. It is simple to use and can be done by anyone in their home. The equipment needed is affordable by anyone and will last for years. I've used this method, called Spectrochrome for 20 years and it has avoided much suffering as well as saved lives. It can be used for animals as well as people. This book is a treasure. As a homeopath and holistic healer for over two decades I would never want to be without Spectrochrome.

- Alan V. Schmukler, Author - Homeopathy An A to Z Home Handbook

Dinshah Ghadiali was a brilliant and extremely talented scientist. He was way ahead of his time and ahead of our time. His book "Spectro-Chrome Metry Encyclopedia" is a complex synopsis of property of light and its use by humans. The book "Let there be light" written by Ghadiali's son Darius Dinshah is a good extract from his father book. It clearly explains application of light for therapeutic purposes. This a very useful and kind work. – Vitaly V.

Colonel Dinshah was a genius, no room for doubt.

In this book you will discover an encyclopedia for myriad conditions and the applicable color(s). It's all laid out in black and white. (Sorry, couldn't resist.)

If you wish to dig deeper, check out: [...] There's a world beyond the one scaled within this book. I had questions so I contacted the organization and was very impressed with the demeanor and wit of Mr. Dinshah. He was most helpful and courteous towards me.

It's a real shame that even back in the early 1900's the AMA felt so threatened by natural means of treating disorders and injuries. In spite of the fact that there were many medical doctors who spoke in favor of this modality, support for it dwindled next to nothing due to allopathic medical organizations.

I'm a member of a yahoo group that explores and discusses the uses of Dinshah's methods. If interested, here is the information:

ColorSpectro-ChromeTherapy@yahoogroups.com

Good luck on your journey and may it be filled with light! – Meli

Such an informative hand book for anyone interested in light therapy. This book goes into great detail with regard to which colours are good for which conditions and which parts of the body one should iridate.

Evidently as far back as the 1800's blue light was used successfully by General Augustus Pleasanton with plants, animals and humans to better their health. – Shala

What a Great book ! This book is so helpful when treating my clients with color & light therapy. Just Awesome! – Dawn

I think this is one of the simplest and cheapest forms of therapy there is. It is non toxic and can help anyone if used consistently. – Carolyn O.

Uses normal hardware lights as used at home, and Rosco gel filters in specific colors. Rosco is a lighting company - it's good that they are still made and standardized. The number may have the first 9 removed from the Rosco catalog. - DS